

Cross Country Clinic

Description

Date and Venue	Sunday 16 th March 2008 Plum Park Farm, Watling Street, Paulerspury	
Cost	£60.00 per person	
Content	There will be a morning session where technique and training methods will be taught over a variety of different jumps including water, ditches, varying terrain and plain fences. This session will last approximately two hours depending on the size of the group. We are hoping for two groups so they can be split by ability. There will then be buffet lunch provided. The afternoon session will be putting the morning teaching into practice with further advice and coaching.	
Trainer	Jane Oeppen – with an emphasis on simple advice and an encouraging method, Jane has taught a wide range of abilities and ages from beginner to advanced, child or adult.	